

## ULTRASOUND-GUIDED BREAST CORE BIOPSY

**Appointment Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**LOCATION:** Aultman Main Hospital: 2600 6<sup>th</sup> St. SW, Canton

**DEPARTMENT:** Breast Care Center

### SUMMARY OF THE PROCEDURE

Ultrasound-guided breast core biopsy is a procedure that is done to obtain a very small piece of tissue from a mass or tumor. The tissue sample is examined by a pathologist to help determine a diagnosis. During the biopsy, the radiologist will use the ultrasound probe to accurately guide the needle to the correct location to obtain the tissue sample.

### WHAT TO EXPECT

You will be escorted to a dressing room where you will change into a hospital gown. A nurse will ask several questions about your medical history and medications and take your vital signs. You will be asked to lie on an ultrasound cart, and a technologist will take preliminary images for the radiologist to review. The radiologist will then scan the area of concern to determine the best location to place the biopsy needle.

Your skin will be cleaned with an antibacterial cleanser, and a local anesthetic will be used to numb the area. After covering the ultrasound probe with a sterile cover, the radiologist will guide the needle into the area of interest. Several samples will be obtained, and a marking clip will be placed inside the breast at the location of the biopsy site. A post biopsy mammogram will be taken to verify location of the marking clip.

### INSTRUCTIONS

- Please bring a written order from your doctor to the exam.
- Please bring a complete list of all your medications.
- Please arrive 15 minutes prior to your scheduled time.
- You may eat, drink, and engage in all normal activities before your appointment.
- Please take all your prescription medications as usual.
  - **EXCEPTION:** If you take blood thinners or aspirin, you will be given specific instructions by your physician on which medications to stop and for how long before your procedure. Blood work may be necessary before the procedure for certain medications.
- You will be required to read and sign exam consent forms. If reading glasses are needed, please bring them with you.

## **LENGTH OF PROCEDURE:**

Please plan to be at the hospital for *about two hours* for this procedure.

## **AFTER THE PROCEDURE**

The area will be cleaned, and a bandage will be placed on the biopsy site. You may apply ice to relieve any bruising or swelling. You will need to keep the biopsy site dry, and you will be asked to avoid heavy lifting for the first 24 hours after the biopsy.

You should expect to receive the results of your exam at your next health care provider appointment (if scheduled) or within 10 days of your exam. Please call your health care provider if you do not receive your results.

## **QUESTIONS PRIOR TO YOUR TEST**

Call 330-363-6200 weekdays between 8 a.m. – 4 p.m. for any questions about your test.

## **SCHEDULING AND REGISTRATION**

Pre-registration is required for an accurate medical record and proper billing. You may be contacted by a patient access representative if we need any information. If you need to reschedule your exam, please call the Breast Care Center at 330-363-6285 Monday – Friday between 8 a.m. and 4 p.m.

## **HOSPITAL PARKING**

Free visitor parking is available in Lot 3 across from the Bedford Building. Enter from 6th Street. Deck parking is available on 7<sup>th</sup> Street for a fee based on your length of stay.

## **DIRECTIONS TO THE DEPARTMENT**

Breast Care Center is located on the main level of Aultman Hospital between the main building and the Bedford Building.

- Bedford entrance: You will proceed up the stairs or elevators to the main level, then you will turn to your left and go past Seasons Café. The Breast Care Center will be directly in front of you.
- 7<sup>th</sup> Street entrance: Walk through the lobby. Once you pass the main elevators, turn to your right and go past “The Shoppes at Aultman.” The Breast Care Center will be to the right.